

Rabbi Adrian M Schell
Rabbi Hillel Avidan, Emeritus



Rabbi Julia Margolis

Bet David Weekly News

Ad Kan אד כאן טע

Shabbat Sh'lach lecha [24/25 June 2016 – 18/19 Sivan 5776]

Thursday 23 June – 18.00-19.30 Thursday evening class with Rabbi Schell (Foyer)

Friday 24 June – 18.00 Kabbalat Shabbat Service; June birthday blessings; Shabbat chocolates and birthday chocolates sponsored Mervyn Dendy and Sharon Sack in honour of their June birthdays; **18.00 Youth Activities with Kendyll** (Youth Centre).

Saturday 25 June – 08.45 Torah Breakfast with Rabbi Schell; **10.00 Shabbat Morning Service**; followed by a brachah; **10.00 Children's Service and Activities with Kendyll** (Youth Centre/Garden)

Friday 01 July – 18.00 Kabbalat Family Shabbat Service (includes all children) followed by a light Pizza supper (sponsor welcome); **Shabbat chocolates** sponsored by **Rabbi Julia and Greg Margolis** in honour of **Emily's birthday**

Saturday 02 July – 08.45 Torah Breakfast with Rabbi Schell; **10.00 Shabbat Morning Service**; **Bar Mitzvah of Harrison Bawden**, son of Ruth Bawden and Martin Bawden. Service is followed by a brachah sponsored by his grandparents **Geoff and Pat van Flymen**; **10.00 Children's Service and Activities with Kendyll** (Youth Centre/Garden)

Friday 08 July – 18.00 Kabbalat Shabbat Service; **No Youth Activities.**

Saturday 09 July – 10.00 Shabbat Morning Service; followed by a brachah; **10.00 Children's Service and Activities** (Youth Centre/Garden) [both Rabbis at Temple Israel]

Adv. **Thuli Madonsela**, SA Public Protector is to speak at Temple Israel's 80th Anniversary on 09 July 2016. To attend, please RSVP with your full address, cell phone, and ID No to templeisrael80@gmail.com by 03 July 2016



YOUTH ACTIVITIES AND SHABBAT SERVICES

Join Kendyll this **Friday** at 18.00 for fun activities (ages 3 to 10) and on **Shabbat morning** for her children's service from 10.00 to 11.00 followed by activities till 12.00. **Look forward to seeing you!**

"Make us Count"

SAJBD  In the lead up to the local elections we urgently need assistance recruiting manpower for our two main projects, the panel discussion being held at Beyachad and the Election Monitoring "Make us Count" team. Please advise if you will be able to attend and if you can think of relevant people to invite.

Final registration for the election monitoring team is 24 June. If you would like to volunteer Please send your name, ID number, cell number and email address to alanabaranov@gmail.com.

#JoburgElections2016

The South African Jewish Board of Deputies invites you to the **#JoburgElections2016** panel discussion.

29 June

19h30

Beyachad, 2 Elray Street,

Raedene

Facilitated by Mandy Wiener, with ANC Mayoral Candidate Parks Tau, DA Mayoral Candidate Herman Mashaba, President of COPE Mosiuoa Lekota and ACDP MP Steven Swart.

Send your questions for the discussion and book your seat at joburgelections2016@gmail.com
Bookings are essential



ACDP



ANC



COPE
CONGRESS OF THE PEOPLE



DA

SAJBD



Limmud SA 2016 Johannesburg

26-28 August

21 international presenters, over 100 local presenters including Laura Janner-Klausner, Senior Rabbi to the Movement for Reform Judaism in the United Kingdom. Other presenters include presenters on the left, centre and right in Israeli politics, a New York based spoken word artist, an Israeli comedian, and NASA's bioethicist. For details www.limmud.org.za

Mazal Tov

Steven and Helen Kaplan on the birth of a granddaughter, Olivia Dale Wheat, on 16 June. Mazal tov to parents Nicole and Jeff Wheat.

Rabbi Richard Newman, on passing his doctorate. Rabbi Newman, who is one of the rabbis of Temple Israel in Cape Town, has earned his DLitt et Phil of the University of South Africa with a thesis on "The Significance of the Shofar in Hebrew History and Culture." Our best wishes for continued success!

Happy birthday to all who have birthdays during the week 20 to 26 June – Gary Myers; Steve Smith; Gideon Abrahams; Brad Soekoe; Lali Gerber; Kim Goodman; Luella Kramer; Tracey Soll; Melody Sandler; Roger Colaco; Joshua Bancroft; **Children under 14 years** – Layla Meisel.

Bet David Kehillah Omer Project

Thank you to our generous donors for sponsoring food parcels during the Omer period:

Ron and Michelle Klipin; Giddy Lief; Gail and Roger Scheublé; Stephen and Myrna Margo; Alexia Smedmor; Rabbi Julia and Greg Margolis; Rabbi Adrian and Chayim Schell; Lesley Shipton; Peter and Marilyn Trujillo; Desmond and Ashley Sweke; Geoff and Pat van Flymen; Steven and Monica Solomon; Martin and Sylvia Borstein; Gemma and Shayne Windrum; Len and Lali Gerber; Peter and Justine Williams; Gerald and Theresa Sobel; Martin and Cynthia Rosen; Samara Churba-Doyle; Marc Abraham and Roger Colaco; Barry and Val Sinclair; Ruth Wallach and Simon Dimant; Arthur and Lydia Kruger; Peter and Carol Alexander; Rudi Buirski; Warren Kahn and Vicky Jacoby; Cameron, Olivia, Helen and Jason Pretorius; Marlene Nelson; Anonymous; Dylan Gaillard and Jackie Sack; Neebashnee Kristnasamy.

Thank you for recent donations

Yahrzeit – **Geoff van Flymen** in memory of **Lesley van Flymen**; **General** – Shabbat/birthday chocolates – **Mervyn Dendy** in honour of his birthday; **Jacqui Sack** in honour of her mother, **Sharon Sack's** birthday.

Condolences

To **Lucy Frank** on the passing of her husband, **Jeff Frank**, father of Hayley and Tracy, brother of Sheila Grant, Marilyn Shalkoff and Colin Frank.

Weekly Yahrzeits

Lipman Solomon remembered by **Ronnie Solomon**; **Rachil Rubinstein and Alexandra Zeitlin** remembered by **Rabbi Julia Margolis**; **Rosa Hamburger** remembered by **Gerald Kann**; **Louis Joelson** remembered by **Harold Joelson and Bruce Joelson**; **Laser Bengis** remembered by **Gale Assaizky**; **Basil Benjamin** remembered by **Sandy Meltz**; **Madeleine Kling** remembered by **Lewis Kling**; **Amanda Douglas and Peggy Kling**; **Arnold Mendelowitz** remembered by **Marion Hassall**; **Lesley van Flymen** remembered by **Geoff van Flymen and Brian van Flymen**; **Sophie Myerson** remembered by **Michelle Dagnin**; **Else Rothenberg** remembered by **Herman Rothenberg**; **Barney Sweke** remembered by **Desmond Sweke**; **Michael Bonin** remembered by **Arlene Bonin**; **Ruth Bergman** remembered by **Leslie Bergman**.

Zichronam livracha, may their memory be for a blessing

Speedy Recovery-Refuah Shleimah

Arthur Kruger; Carol Leibov; Cliff and Ann Paine; Doreen Greenberg; Fred Plein; Garth Suelztz; Joshua Smith; Leah Livni; Margaret Fish; Ruth Jordan; Sharon Sack; Sonya Leiman.

Please contact Glynnis to report illness and advise whether you would like a visit from one of our Rabbis.

Update from the construction site:

With the setup of the slab, the ground floor of the Nursery School has been finished. At the same time construction work for the new Shul has started.

RABBI MARGOLIS' WEEKLY COLUMN



Last week I received an invitation to participate in an amazing event “*In Conversation with the Mystic*” An intimate discussion between South African Finance Minister Pravin Gordhan, and Esteemed Yogi Sadhguru Jaggi Vasudev. Sadhguru is a realized yogi, mystic and visionary who has dedicated himself to the elevation of the physical, mental, and spiritual wellbeing of all people. He is an author and opinion maker who is regularly invited to speak at leading international forums. He has spoken at many prestigious global conferences such as World Peace Summit at the United Nations and the World Economic Forum.

Sadhguru is often described as a contemporary guru, since he belongs to no particular tradition and incorporates aspects of yogic sciences that are most relevant for modern-day life into his teachings and practices. With his global followers numbering in the tens of millions, his scientific methods for self-transformation have gained universal appeal.

Sadhguru’s insights into the mechanisms of life are an outcome of his profound experience of the “Self,” and serve as a guide to exploring the deeper dimensions of life. His life and work serve as reminders that the inner science of yoga is not esoteric philosophy from an out-dated past, but is absolutely (more than ever) relevant and applicable to our lives today.

Yoga is estimated to be a 12 to 15,000-year-old practice for physical, mental and spiritual purposes, having its origin in India. Yoga is not a religion, but has spread across all religions, aims to transform both body and mind. On December 11 in 2014, the United Nations General Assembly declared June 21st, as the International Day of Yoga – which is part of the reason why I have taken the opportunity to draw it to your attention at this point in time. The declaration came after the call for the adoption of June 21st as International Day of Yoga by the Indian Prime Minister, Mr. Narendra Modi, during his address to UN General Assembly on September 27, 2014 wherein he stated: "Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and well-being. It is not as such about exercise, but rather to discover the sense of oneness with yourself, the world and the nature". In suggesting June 21, which is the Summer Solstice, as the International Day of Yoga, Mr. Narendra Modi had said that, "the date is the longest day of the year in the Northern Hemisphere and has a special significance in many parts of the world. "

Sadhguru notes the importance of this day in the yogic tradition: “On the day of the summer solstice, Adiyogi [the first yogi] turned south and first set his eyes on the Saptarishis or Seven Sages, who were his first disciples to carry the science of yoga to many parts of the world. It is wonderful that June 21 marks this momentous event in the history of humanity.”

An all-time record of 175 nations, including the USA, Canada and China co-sponsored the resolution.” It had the "highest number of co-sponsors ever, for any UNGA Resolution of such nature."

Shabbat Shalom

Rabbi Julia Margolis

Bet David Kehillah

Are you already a member of Kehillah’s 50/50 CLUB – If not, every month you miss your chance to win the Jackpot. Don’t miss out! **For only R180 per year you can help raise money in a fun way. The more people who participate..... the larger the monthly prize.** The 50/50 Club is a draw in which half of the money raised goes to Bet David community projects and the other half is paid out to the members as cash prizes. There is a draw every month. Please transfer the starting money of R180,- to BET DAVID SISTERHOOD, NEDBANK SANDTON, BRANCH CODE: 197005 ACC. NO: 1970476214 - please put as reference: 50/50 Surname. After your transfer, please email your details to admin2@betdavid.org.za, including your name, address, email-address and telephone number. We wish you good luck!

Bet David Kitchen—Home-made delicacies available from our own kitchen! Place orders by Monday with Sharon 011 7837117/admin2@betdavid.org.za for collection on Friday 12h00.



I think it's fair to say that just about everybody knows that the Israelites were condemned to wander in the wilderness for forty years - a biblical generation. But what led to it, is less well known. This week's parashah—Sh'lach Lecha—tells that story.

Israel is on the verge of entering the promised Land. Moses, on directions from God, has sent in an advance scout team. After forty days of exploring the land, they return and report of a Land that truly "flows with milk and honey". But, they also tell of fortress cities and the inhabitants of the Land, of a people whose physical size is both intimidating and daunting. The people respond with cries of fear and want to go back to Egypt. Only Joshua and Caleb, two of the twelve scouts, want to continue on with their sacred journey. For this, they will merit the reward of eventually crossing the Jordan River. As for everyone else, they will neither enter the Land nor return to Egypt. They will drift aimlessly in the wilderness of Sinai until they die. The question is why? What was their sin? What was so grievous that prohibited an entire people from ever reaching their destination? And perhaps even more to the point, what lesson is Torah trying to teach us? The obvious answer is that the people lost faith in God. But in this story, in particular in the scouts' recounting of their observations, lies another possibility. *"The country ... is one that consumes its settlers. All the people that we saw in it, are men of great size . . . and we looked like grasshoppers to ourselves, and so we must have looked to them."* On this passage the Kotzker Rebbe (Menachem Mendel Morgenstern of Kotzk) that their sin wasn't simply that they lost faith or that the scouts had misrepresented what they had seen. Their failure wasn't even that they had low self-esteem, that they saw themselves as grasshoppers - for this they could be forgiven. Rather, it was their preoccupation with how others saw them. How often do we see ourselves through the eyes of others? How easy it is for us to define ourselves in relation to the other? We wonder what s/he will think. We worry about how we look, as if somehow our appearance in the eyes of someone else is all that matters. But it is nothing more than another form of slavery, this preoccupation not with who we are but with how we think we are perceived. The name of this week's Torah portion is often rendered simply as Sh'lach. It is the verb "to send." However, the full name of the parashah is Sh'lach Lecha. The second word, Lecha is instructive. Literally the phrase means "Send to yourself" or "Send for yourself." This is how we should interpret the phrase. No matter the task, no matter the challenge, the success of my mission depends entirely on how I see myself as being integral to its fulfilment. If my concern is focused on how I will appear, if my focus is on whom I will please or displease, then I act without integrity.

Shabbat Shalom Rabbi Adrian M Schell (Source: Rabbi Steven Kushner)

Torah Reading for Shabbat Sh'lach Lecha

Numbers 13:1-15:41

(Reading Num 13:16 - 14:5; P p.979; H p.623)

Haftarah Joshua 2:1-24 (P 998, H p.635)

In our Parashat, Moses sends twelve spies to the Land of Israel to report on the inhabitants and the country. Despite the positive report of two, the people are frightened. In response God announces that all those who left Egypt would not enter the Land of Israel. Our section of the Torah ends with Moses instructing the Israelites regarding setting aside challah, the observance of the Sabbath, how to treat strangers, and the laws of tzitzit.

Torah Study this Shabbat morning at 08h45

Podcast of Rabbi Schell's weekly Sermons

Tuesdays on **Radio Today** (10h30) or:

<http://goo.gl/LsHQrY>.

SHABBAT SERVICES & EVENTS

FRIDAY EVENING 18:00 Kabbalat Shabbat Service;

KIDS' CLUB YOUTH ACTIVITIES 18:00 - 19:00 for ages 3–10 weekly with Kendyll, excl. Family Services

BIRTHDAY BLESSINGS—Last Friday of every month 24 June **FAMILY SERVICE 18:00**— 1 July

SHABBAT MORNING: 08:30 - 12.00 CHEDER — Term 3: 23 July – 17 September

08.45 TORAH BREAKFAST WITH RABBI SCHELL — every Saturday

10:00 SHABBAT SHACHARIT SERVICE, B'rachah follows in the Rondavel

10.00 - 11.00 CHILDREN'S SERVICE; 11.00 - 12.00 YOUTH ACTIVITIES every Saturday with Kendyll

THURSDAY NIGHT LITURGY CLASS with Rabbi Schell – Thursdays at 18.00 – 19.30 23 June

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